**Kodusünnituse lugu**

Kutse ämmaemandale …………………………… kl. …..………………

saabumine ……….……………………kl.............………….. lahkumine ……….……………………kl.............…………..

|  |  |  |  |
| --- | --- | --- | --- |
| **KODUSÜNNITUSE LUGU NR ……………** | | | |
| **SÜNNITAJA** | | | |
| ees- ja perenimi |  | | |
| isikukood |  | | |
| elukoht |  | | |
| haridus | Rahvus | | |
| perekonnaseis (alates, kuup.) |  | | |
| töökoht, amet |  | | |
| **LAPSE ISA** | | | |
| ees- ja perenimi |  | | |
| isikukood |  | | |
| haridus | Rahvus | | |
| töökoht, amet |  | | |
| **ANAMNEES, KÄESOLEVA RASEDUSE KULG** | | | |
| kaal , pikkus, KMI |  | | |
| veregrupp, Rh, AK |  | | |
| ravimallergia |  | | |
| operatsioonid ja vereülekanded |  | | |
| günekoloogilised haigused |  | | |
| muud haigused |  | | |
| gestatsiooniaeg sünnituse  käivitumisel |  | | |
| sünnituse tähtaeg | VM | UH | |
| emakapõhja kõrgus, KÜ |  | | |
| OLM | AM | | UH |
| haigestumine, ravimid |  | | |
| esimese visiidi kuupäev ja  raseduse kestus |  | | |
| visiitide arv arsti/  ämmaemanda juurde |  | | |
| **Rasedus- ja sünnitusriskide hindamine** (hindamise aeg, hindaja nimi, kood) | | | |
| **OBJEKTIIVNE STAATUS** | | | |
| üldseisund, kaebused |  | | |
| nahk, limaskestad |  | | |
| tursed, veenilaiendid |  | | |
| vererõhk, pulss, temperatuur |  | | |
| vaginaalne staatus |  | | |

**Eelnenud rasedused ja sünnitused**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Nr. | Kuupäev | | Raseduse kulg | Sünnituse kulg | Puerpeerium kulg, imetamine | | Laps (sugu,  kaal, Apgar) |
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|  |  | |  |  |  | |  |
| **Diagnoosid (naine)** | | | | | | | |
| Esmane | |  | | | | | |
| Lõplik | |  | | | | | |
| Üleviimisel | |  | | | | | |
| **Diagnoosid (laps)** | | | | | | | |
| Esmane | |  | | | | | |
| Lõplik | |  | | | | | |
| Üleviimisel | |  | | | | | |
| Sugu | |  | | | | | |
| Kaal, pikkus | |  | | | | Apgar | |

**PARTOGRAMM**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Eesasetsev osa, emakakaela  iseloom  ja avatus | | Vaginaalne staatus  Diagnoos  Plaan | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Kella-  aeg | |  | |  | |  | |  | |  | | |  |  | |  | |  | | |  |  | |  |  | | |
| -3  -2  -1  0  +1  +2  +3 | Säilin.  I  Lühen.  II  Lame  III | 0 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
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| 3 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
| 4 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
| 5 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
| 6 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
| 7 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
| 8 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
| 9 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
| 10 | |  | |  | |  | |  | |  | | |  |  |  | | |  | | |  |  | |  |  | | |
| Tuhude sagedus | |  | |  | |  | |  | |  | |  | | |  |  | |  | |  | | |  |  | |  |  | | |
| Kestvus | |  | |  | |  | |  | |  | |  | | |  |  | |  | |  | | |  |  | |  |  | | |
| Loote SLS | |  | |  | |  | |  | |  | |  | | |  |  | |  | |  | | |  |  | |  |  | | |
| RR, pulss, temp. | |  | |  | |  | |  | |  | |  | | |  |  | |  | |  | |  | | |  |  |  | | |
| **SÜNNITUSE KULG** | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Perioodid** | | | **Algus** | | | | | | | | **Lõpp** | | | | | | | | **kestus** | | | | | | | | |
| Avanemisperiood | | |  | | | | | | | |  | | | | | | | |  | | | | | | | | |
| Väljutusperiood | | |  | | | | | | | |  | | | | | | | |  | | | | | | | | |
| Päramiste periood | | |  | | | | | | | |  | | | | | | | |  | | | | | | | | |
| Veeta periood | | |  | | | | | | | |  | | | | | | | |  | | | | | | | | |
| Sünnituse kogukestus | | |  | | | | | | | | | | | | | | | | | | | | | | | | |
| **Avanemisperiood** | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Kulg | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Väljutusperiood** | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Kulg | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| lootevete puhkemine  ja iseloom | | |  | | | | | | | | | | | | | | | | | | | | | | | | |
| väljutuse asend | | |  | | | | | | | | | | | | | | | | | | | | | | | | |
| vannis oleku perioodid | | |  | | | | | | | | | | | | | | | | | | | | | | | | |
| **Päramiste periood** | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Kulg; platsenta väljutamise viis, verekaotus, kasutatud ravimid, nabaväädi klemmimise aeg,  nabaväädi ja platsenta iseärasused. | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Sünnitusteede terviklikkuse hindamine ja taastamine** | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Diagnoos | | | | | | | | |  | | | | | | | | | | | | | | | | | | |
| Analgeesia, õmblusmaterjal | | | | | | | | |  | | | | | | | | | | | | | | | | | | |
| **VASTSÜNDINU** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugu | | | | |  | | | | | | | | | | | | | | | | | | | | | | | |
| Sünniaeg (kuupäev, kell) | | | | |  | | | | | | | | | | | | | | | | | | | | | | | |
| Isikukood | | | | |  | | | | | | | | | | | | | | | | | | | | | | | |
| Kaal (g) | | | | | | | | | | | | | Peaümbermõõt (cm) | | | | | | | | | | | | | | | |
| Pikkus (cm) | | | | | | | | | | | | | Rinnaümbermõõt (cm) | | | | | | | | | | | | | | | |
| **Apgari hinne** | | | | | **1´** | | | | | | | | | **5´** | | | | | | | **10´** | | | | | | | |
| Südametöö | | | | |  | | | | | | | | |  | | | | | | |  | | | | | | | |
| Hingamine | | | | |  | | | | | | | | |  | | | | | | |  | | | | | | | |
| Refleksid | | | | |  | | | | | | | | |  | | | | | | |  | | | | | | | |
| Nahavärv | | | | |  | | | | | | | | |  | | | | | | |  | | | | | | | |
| Toonus | | | | |  | | | | | | | | |  | | | | | | |  | | | | | | | |
| Adaptatsioon | | | | |  | | | | | | | | | | | | | | | | | | | | | | | |
| Tehtud toimingud  (mh K-vitamiin) | | | | |  | | | | | | | | | | | | | | | | | | | | | | | |
| **SÜNNITUSJÄRGNE SEISUND** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Sünnitanu**  Hindamise aeg ………………………………….. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Subjektiivsed kaebused | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Emakakontraktsioonide  Iseloom | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Sünnitusjärgse vereerituse  hulk, iseloom | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| RR, temp, pulss | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Emotsionaalne seisund,  kontakt lapsega | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Valmidus iseseisvaks vast-  sündinu hoolduseks | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Esmase imetamise  õnnestumine | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Muu | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| **Vastsündinu**  Vastsündinu vanus tundides ………………………………….. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Üldseisund | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Hingamine | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Südametegevus, SpO2 | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Toonus | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Refleksid | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Nahk | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Temperatuur | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Pea, nägu | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Naba | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Genitaalid | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Mekoonium | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Uriin | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Imemine | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Nähtavad arengurikked | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| **Sünnituse juures viibisid** | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| **Info üleandmine perearstile**  (nimi, kontaktid) | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Aeg, viis | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Dokumendid | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| **ÜLEVIIMINE HAIGLASSE** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Näidustus | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Haigla | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Transpordi viis | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Ämmaemanda (nimi, reg.  kood, tegevusloa number) | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |
| Kuupäev, kellaaeg | | | | | | | |  | | | | | | | | | | | | | | | | | | | | | |